



Training of Trainers

International Training Course

23rd to 29th March 2025, Domašov nad Bystřicí, Czech Republic

Training of Trainers (ToT) is a 5 days long (+ 2 travel days) skills-oriented training course aiming to improve the trainer skills of the participants.

IF YOU GO THROUGH THIS TRAINING, YOU WILL BE ABLE TO DESIGN AND IMPLEMENT EDUCATIONAL ACTIVITIES IN THE NON-FORMAL EDUCATION.

Specifically, you will:

- Understand how to design a good non-formal educational activity including objectives and practice it during training.
- Be able to reflect the various learning styles and group dynamics of the group while designing and implementing the programme.
- Be able to give and receive the constructive feedback.
- Enhance your practical skills:
 - o presentation skills - to be able to express yourself clearly in front of the group and to be aware of the non-verbal communication and verbal communication;
 - o facilitation skills;
 - o leading learning reflection after activities;
- Explore your own motivation in being trainers.

WHO CAN APPLY?

The training is intended for participants, who:

- are excited to become more proficient in leading a group at educational activities (planning to become or improve as trainers, facilitators, youth workers – voluntarily or professionally), but it will be also useful for voluntary projects (such as workcamps) leaders;
- have experience of working with groups of participants – ideally have been leaders of voluntary projects and can build up on this experience;
- would like to stay active with INEX-SDA or sending organization, e.g. train new workcamp leaders or other volunteers, lead workshops in workcamps, lead workshops in evaluation meetings, lead another voluntary projects, etc.;
- are at least 18 years old and can participate at the whole training course from the beginning till the end.



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PRACTICAL INFORMATION:

Venue: Scout centre Domašov nad Bystřicí, near Olomouc, Czech Republic

Dates of the training are from 23rd to 29th March 2025, specifically:

- 23rd March - arrivals to the venue will be till 18:30, programme will start with dinner;
- 24th – 28th March – training
- 29th March - departures from the venue after breakfast

Conditions:

- It is necessary to participate from the beginning of the TC till the end, no late arrivals / early departures.
- There is 50€/1300CZK (25eur/650CZK is fee and 25eur/650CZK is deposit) contribution fee from each participant, that has to be paid in advance to the organisers (after the confirmation of your acceptance). The deposit part (25eur/650CZK) is refundable after the participation at the whole training course.
- The organizer will arrange the boarding, accommodation, materials, content of the training as well as reimbursement of the travel costs of the participants.

HOW TO APPLY:

If you want to apply, please, fill in [this application](#) form until:

- **31st January 2025** – you will know until 14th February if you are selected

CONTACTS:

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The training is coordinated and hosted by: INEX-SDA, Czech Republic

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