



LEADERS OF CHANGE

6th - 15th November 2023
Hollókő, Hungary

Leaders of Change is...

Leaders of Change (LoC) is an **8 days training course** for those already leading either groups or volunteers, who want to improve their performance, based upon the principles of self-awareness, resourcefulness, and accountability.

The main methodology used will be **personal development and self-reflection**, which means that we will be focusing mainly on your mindset/attitudes rather than providing you practical skills or models.

The training course will take place in **Hollókő, Hungary, from 6th to 15th November 2023** (travel days included).



THE TRAINING IS HERE FOR YOU TO:

- Reflect on the role of leadership and **explore your own attitudes**, approach and inner motivation for your work with volunteering.
- **Realize how your mindset influences your behaviors**, the results you get, and the relationships you have with other people in your working context.
- Acquire models and tools to **align yourself with your core values**, while being more inclusive towards others and unexpected situations.
- **Put your experience into practice** and multiply among your colleagues and target groups.



Please note that **this is NOT skills/tool-oriented training**, but it rather focuses on personal development and self-reflection.

WHAT EXPERIENCE CAN YOU EXPECT?

LoC is divided into 3 main parts:

Day
> 1 to 4 >
Self
Reflection

During these days the participants will have the opportunity to get a **better and deeper understanding of how and why they lead people** and how this affects the results they obtain, and they can maintain what works and improve what doesn't. The participants will have the **opportunity to look into the relationship between beliefs, concepts, automatic behaviors, teamwork and decision-making**. They will do so through input, activities and reflection spaces.

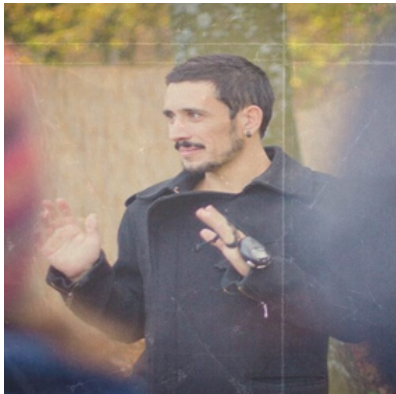
Day
> 4 to 7 >
Submersion
Real life
implementation

The best way to transform theory into knowledge is to practice in a real-life situation or context. **Participants will have several assignments to complete in the local communities** around the venue where they can **put into practice the knowledge, skills and attitudes** acquired throughout the previous days of the training course.

Day
> 7 to 8 >
Final Steps

These last 2 days are there to **wrap up the learning experience** of the TC, **in such a way that the insights can be taken home in a structured manner**, to plan follow-up steps and close the training course together.

TRAINERS:



AFONSO BÉRTOLO

Afonso is a **worldwide freelance educator**, with a Master Degree in Clinical Psychology. Since 2009 he has been actively **involved in non-formal education, youth work and community building** in Europe and West Africa.

His **main areas of work** are **personal development, coaching** with a strong focus on body awareness, **EVS mentoring**, inclusion of fewer opportunities, communication, media as an educational tool and project management.



PETRA VYMĚTALÍKOVÁ

Petra has been **involved in various international voluntary projects since 2004**. Since 2009 she **has been a trainer for future workcamp leaders** and has gained a lot of experience in the field of non-formal education. She has experience from international volunteering in Georgia. Currently, she has been **working in the field of local community development and individually with people** through the method PSYCH-K.

THE WORKING APPROACH OF THIS TRAINING:

The Leaders of Change is not the regular training you might be used to when it comes to non-formal education/Erasmus+

[Click here to read about the methodology](#)

PRACTICAL INFORMATION:

INEX-SDA will arrange :



transport (to and from the venue)



accommodation



meals (prepared to individual dietary requirements)



It is necessary to participate from the beginning of the TC till the end, **no late arrivals/early departures**



60€ contribution fee from each participant.

If you are very interested in attending but find this fee too high, let us know.

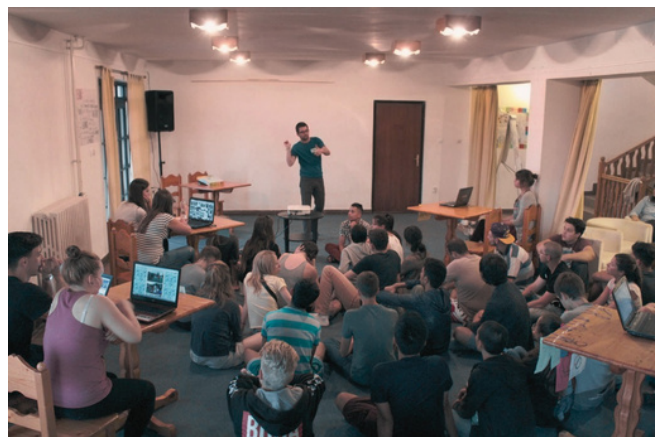
We will reimburse participants' travel costs after the training course, up to the Erasmus+ flat rates.

Do NOT buy tickets before we confirm your participation!

ACCOMMODATION:

Creative Space

Hollókő, Hungary



Accommodation at 3-6 bed rooms with access to facilities.

More detailed information on the venue and logistics will be included in the confirmation letter that will be sent to participants after we confirm their participation in a concrete training.

WHO CAN PARTICIPATE:

For participants who are 18+ can communicate in English.

The call is open for residents of EU member states + North Macedonia, Serbia, Iceland, Liechtenstein, Norway, Türkiye.

This is an open-call training, meaning a partner organization will be assigned to you upon your selection.

TRAVEL REIMBURSEMENT LIMITS:

Distance between your country and training location:

Limit of the travel reimbursement:

10-99 km	20 €
100-499 km	180€
500-1499 km	275 €
1500-2999 km	310 €

The training is coordinated by **INEX-SDA** and hosted by: **Egyesek Youth Association**, co-funded by INEX-SDA's accreditation from the European Union through the **Erasmus + Programme**.

HOW TO APPLY:

If you want to apply, please,
fill in this

»» Application form.

**There are just a few spots left.
Applying soon gives you a better
chance.**

In case you have questions about the nature or program of the training, don't hesitate to **contact the project coordinator:**

Veronika Marková
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